

Kids Belt Rank Requirements

3 rd Yellow Belt	2 nd Yellow Belt	1 st Yellow Belt	3 rd Orange Belt	2 nd Orange Belt	1 st Orange Belt	3 rd Purple Belt	2 nd Purple Belt	1 st Purple Belt	3 rd Blue Belt	2 nd Blue Belt	1 st Blue Belt
<p>Stances:</p> <ol style="list-style-type: none"> Kyotsuke Kiba Dachi <p>Blocks:</p> <ol style="list-style-type: none"> Jodan Uke - Upward Shuto Uke - Knife Edge Gedan Uke - Downward Nagashi Uke - Parry <p>Uchi - Strikes:</p> <ol style="list-style-type: none"> Kiba Dachi Zuki - Horse <p>Keri - Kicks:</p> <ol style="list-style-type: none"> Mae Geri - Front <p>Rolls & Falls:</p> <ol style="list-style-type: none"> Log Roll Barrel Roll <p>Yawara:</p> <ol style="list-style-type: none"> Katate Hazushi Ichi Katate Hazushi Ni <p>Misc:</p> <ol style="list-style-type: none"> Crescent Step <p>Bring Water Bottle Demonstrate Kiai Must Have Gi</p> <p>Notebook: Bring Up to Date Vocabulary Test</p>	<p>Stances:</p> <ol style="list-style-type: none"> Kyotsuke Kiba Dachi Hamni Enshin <p>Blocks:</p> <ol style="list-style-type: none"> Jodan Uke - Upward Shuto Uke - Knife Edge Gedan Uke - Downward Nagashi Uke - Parry Uchi Chudan Uke - Inward Soto Chudan Uke - Outward Juji Uke - Cross Ryote Uke - Double Hand <p>Uchi - Strikes:</p> <ol style="list-style-type: none"> Kiba Dachi Zuki - Horse Gyakute Zuki - Reverse <p>Keri - Kicks:</p> <ol style="list-style-type: none"> Mae Geri - Front Yoko Geri - Side <p>Rolls & Falls:</p> <ol style="list-style-type: none"> Forward Roll Backward Roll <p>Yawara:</p> <ol style="list-style-type: none"> Katate Hazushi Ichi Katate Hazushi Ni Ryote Hazushi Morote Hazushi <p>Misc:</p> <ol style="list-style-type: none"> Hidden Step - Back <p>Notebook: Bring Up to Date Vocabulary Test</p>	<p>Stances:</p> <ol style="list-style-type: none"> Kyotsuke Kiba Dachi Hamni Enshin Shizentai Jigotai <p>Blocks:</p> <ol style="list-style-type: none"> Jodan Uke - Upward Shuto Uke - Knife Edge Gedan Uke - Downward Nagashi Uke - Parry Uchi Chudan Uke - Inward Soto Chudan Uke - Outward Juji Uke - Cross Ryote Uke - Double Hand <p>Uchi - Strikes:</p> <ol style="list-style-type: none"> Kiba Dachi Zuki - Horse Gyakute Zuki - Reverse Oi Zuki - Lunge <p>Keri - Kicks:</p> <ol style="list-style-type: none"> Mae Geri - Front Yoko Geri - Side Mawari Geri - Roundhouse <p>Rolls & Falls:</p> <ol style="list-style-type: none"> Forward Roll Backward Roll Combination Roll Rolling Flat Fall <p>Yawara:</p> <ol style="list-style-type: none"> Katate Hazushi Ichi Katate Hazushi Ni Ryote Hazushi Morote Hazushi Yubi Tori Hazushi Momiji Hazushi Ryoeri Hazushi Yubi Tori <p>Misc:</p> <ol style="list-style-type: none"> Hidden Step - Front <p>Notebook: Bring Up to Date Vocabulary Test</p>	<p>Stances:</p> <ol style="list-style-type: none"> Kyotsuke Kiba Dachi Hamni Enshin Shizentai Jigotai <p>Blocks:</p> <ol style="list-style-type: none"> Jodan Uke - Upward Shuto Uke - Knife Edge Gedan Uke - Downward Nagashi Uke - Parry Uchi Chudan Uke - Inward Soto Chudan Uke - Outward Juji Uke - Cross Ryote Uke - Double Hand <p>Uchi - Strikes:</p> <ol style="list-style-type: none"> Kiba Dachi Zuki - Horse Gyakute Zuki - Reverse Oi Zuki - Lunge Arrow Punch – 1 Inch Uraken - Back Fist <p>Keri - Kicks:</p> <ol style="list-style-type: none"> Mae Geri - Front Yoko Geri - Side Mawari Geri - Roundhouse Tonbogaeri - Rolling <p>Rolls & Falls:</p> <ol style="list-style-type: none"> Forward Roll Backward Roll Combination Roll Rolling Flat Fall Side Fall Face Fall <p>Yawara:</p> <ol style="list-style-type: none"> Katate Hazushi Ichi Katate Hazushi Ni Ryote Hazushi Morote Hazushi Yubi Tori Hazushi Momiji Hazushi Ryoeri Hazushi Yubi Tori Moro Yubi Tori Katate Tori Ryote Tori Tekubi Tori Ichi <p>Misc:</p> <ol style="list-style-type: none"> Hidden Step with Uraken <p>Notebook: Bring Up to Date Vocabulary Test</p>	<p>Stances:</p> <ol style="list-style-type: none"> Kyotsuke Kiba Dachi Hamni Enshin Shizentai Jigotai <p>Blocks:</p> <ol style="list-style-type: none"> Jodan Uke - Upward Shuto Uke - Knife Edge Gedan Uke - Downward Nagashi Uke - Parry Uchi Chudan Uke - Inward Soto Chudan Uke - Outward Juji Uke - Cross Ryote Uke - Double Hand <p>Uchi - Strikes:</p> <ol style="list-style-type: none"> Kiba Dachi Zuki - Horse Gyakute Zuki - Reverse Oi Zuki - Lunge Arrow Punch – 1 Inch Uraken - Back Fist Teisho - Palm Heel Haito - Ridge Hand Shuto - Knife Edge Empi – Elbow Tetsui - Hammer Ippon Ken – Judo Knuckle Yohan Nukite – Spear <p>Keri - Kicks:</p> <ol style="list-style-type: none"> Mae Geri - Front Yoko Geri - Side Mawari Geri - Roundhouse Tonbogaeri - Rolling Mae Tobii Geri - Front Leap <p>Rolls & Falls:</p> <ol style="list-style-type: none"> Forward Roll Backward Roll Combination Roll Rolling Flat Fall Side Fall Face Fall Back Fall <p>Yawara:</p> <ol style="list-style-type: none"> Katate Hazushi Ichi Katate Hazushi Ni Ryote Hazushi Morote Hazushi Yubi Tori Hazushi Momiji Hazushi Ryoeri Hazushi Yubi Tori Moro Yubi Tori Katate Tori Ryote Tori Tekubi Tori Ichi Tekubi Tori Ni Imon Tori Ryoeri Tori Akushu Kote Tori Akushu Ude Tori Kubi Nuki Shime Hagai Shime <p>Shime:</p> <ol style="list-style-type: none"> Kesa Gatame <p>Notebook: Bring Up to Date Vocabulary Test</p>	<p>Stances All: Blocks All: Uchi – Strikes All: Keri – Kicks All: Rolls & Falls All:</p> <p>Yawara:</p> <ol style="list-style-type: none"> Katate Hazushi Ichi Katate Hazushi Ni Ryote Hazushi Morote Hazushi Yubi Tori Hazushi Momiji Hazushi Ryoeri Hazushi Yubi Tori Moro Yubi Tori Katate Tori Ryote Tori Tekubi Tori Ichi Tekubi Tori Ni Imon Tori Ryoeri Tori Akushu Kote Tori Akushu Ude Tori Akushu Kotemaki Tori Kubi Nuki Shime Hagai Shime <p>Nage:</p> <ol style="list-style-type: none"> Deashi Harai Ogoshi Osoto Gari <p>Notebook: Bring Up to Date Vocabulary Test</p>	<p>Stances All: Blocks All: Uchi – Strikes All: Keri – Kicks All: Rolls & Falls All:</p> <p>Yawara:</p> <ol style="list-style-type: none"> Katate Hazushi Ichi Katate Hazushi Ni Ryote Hazushi Morote Hazushi Yubi Tori Hazushi Momiji Hazushi Ryoeri Hazushi Yubi Tori Moro Yubi Tori Katate Tori Ryote Tori Tekubi Tori Ichi Tekubi Tori Ni Imon Tori Ryoeri Tori Akushu Kote Tori Akushu Ude Tori Akushu Kotemaki Tori Kubi Nuki Shime Hagai Shime <p>Nage:</p> <ol style="list-style-type: none"> Deashi Harai Soto Gama Uchi Gama Ogoshi Seoi Nage Ushiro Goshi Osoto Gari <p>Notebook: Bring Up to Date Vocabulary Test</p>	<p>Stances All: Blocks All: Uchi – Strikes All: Keri – Kicks All: Rolls & Falls All:</p> <p>Yawara:</p> <ol style="list-style-type: none"> Katate Hazushi Ichi Katate Hazushi Ni Ryote Hazushi Morote Hazushi Yubi Tori Hazushi Momiji Hazushi Ryoeri Hazushi Yubi Tori Moro Yubi Tori Katate Tori Ryote Tori Tekubi Tori Ichi Tekubi Tori Ni Imon Tori Ryoeri Tori Akushu Kote Tori Akushu Ude Tori Akushu Kotemaki Tori Kubi Nuki Shime Hagai Shime <p>Nage:</p> <ol style="list-style-type: none"> Deashi Harai Soto Gama Uchi Gama Ogoshi Seoi Nage Ushiro Goshi Osoto Gari <p>Shime:</p> <ol style="list-style-type: none"> Eri Gatame Kesa Gatame <p>Notebook: Bring Up to Date Vocabulary Test</p>	<p>Stances All: Blocks All: Uchi – Strikes All: Keri – Kicks All: Rolls & Falls All:</p> <p>Yawara:</p> <ol 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Tori Kubi Nuki Shime Hagai Shime <p>Nage:</p> <ol style="list-style-type: none"> Deashi Harai Sasae Ashi Soto Gama Uchi Gama Soto Momo Harai Ogoshi Seoi Nage Ushiro Goshi Hane Goshi Osoto Gari <p>Shime:</p> <ol style="list-style-type: none"> Eri Gatame Kata Gatame Tate Shiho Gatame Kami Shiho Gatame <p>Misc:</p> <ol style="list-style-type: none"> Osoto Gari to Kesa Gatame Ushiro Nage to Kami Shiho Gatame <p>Notebook: Bring Up to Date Vocabulary Test</p>	<p>Stances All: Blocks All: Uchi – Strikes All: Keri – Kicks All: Rolls & Falls All:</p> <p>Yawara:</p> <ol style="list-style-type: none"> Katate Hazushi Ichi Katate Hazushi Ni Ryote Hazushi Morote Hazushi Yubi Tori Hazushi Momiji Hazushi Ryoeri Hazushi Yubi Tori Moro Yubi Tori Katate Tori Ryote Tori Tekubi Tori Ichi Tekubi Tori Ni Imon Tori Ryoeri Tori Akushu Kote Tori Akushu Ude Tori Akushu Kotemaki Tori Kubi Nuki Shime Hagai Shime <p>Nage:</p> <ol style="list-style-type: none"> Deashi Harai Sasae Ashi Soto Gama Uchi Gama Soto Momo 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